

# Let's Talk About It

It's important to talk with your kids about the dangers of sex trafficking. Learn some tips and conversation starters.

- Have the sex talk with them early (by 8 is great!) and use biological terms for body parts (no "cute" code names) so that they know how to clearly report any assault
- Talk with your child about clear boundaries and appropriate touch (*bathing suit analogy*)
- Ask questions about their relationships and friends to show them that you are comfortable talking about such topics
- Talk about characteristics of a healthy relationship and that those pressuring you to do uncomfortable or inappropriate things should not be trusted
- Discuss how quickly things spread on the internet and how they are difficult to permanently delete
- Talk about how everyone on the internet may not be who they seem and the importance of not assuming
- Explain the importance of not passing along inappropriate messages that they may receive
- Make sure they know how to report any cyberbullying or unwanted attention

## To Report Cyber Bullying

- Don't respond and don't forward any cyberbullying messages
- Keep the evidence and record the dates and times
- Block the individual
- Review the "Terms and Conditions" section of the online platform that you are using and then follow their procedure to report